

# HOW NOW SALCHOW???



The Newsletter of the  
Ames Figure Skating Club  
February 2010

## From the President

I want to start off by saying thank you to vice-president Candi Waelti for stepping up to the plate and taking over the club business when my week long vacation in Arizona was extended to a month while I stayed to care for my mother who was diagnosed with lung cancer this fall. She had surgery and is doing great and I am glad that I was able to be there for my mom who has done so much for me through my life.

In my absence our club hosted another successful "It's Great to Skate Event" thanks to the efforts of Candi, our coaches and all of you who choose to help out with this important public open house for our community. Once again despite the early hour over 150 people showed up for free ice skating and to see what we had to offer.

Production of our spring ice show "That 70's Ice Show" is well underway, the ideas the show committee and director Traci Kepley have come up with are sure to be great fun for the skaters as well as entertaining to our audience. As always we need a great deal of support to make this show happen.

Sponsorship packets are available in the club room. I am asking for the help of all our members, whether skating in the show or not to help find business sponsors for our show. A financially solvent show takes the burden off our club bank account, leaving funds to cover other programs. Additionally, the process of asking for sponsorships makes us more visible in the community. Many times I have talked to business owners that had no idea we had an ice arena, let alone a figure skating club in Ames. Please contact me prior to approaching a business to make sure we do not make repeated visits to the same business.

Now for the part of this letter that is harder to write: It is with a sense of great loss that I acknowledge the fact that the Safley's are moving to California in order for Jeff to accept a flight nurse position. As a fellow nurse I fully understand the importance of this opportunity for Jeff's career and I wish the Safleys the best in pursuing their goals though as a friend, club member and client I am devastated.

Mandy and Jeff have both been dedicated to our club, our programs and our skaters. Their tenure and positive influence in our club began long before I brought my 6 year old daughter to skating lessons in the old ice arena with uneven ice and a leaking roof.

Most of what we have and what we are as a club has been the direct result of

## Mission Statement:

*Ames Figure Skating Club is dedicated to providing a safe, fun & supportive environment for skaters of all ages & abilities to achieve their skating goals*

## *AFSC Officers:*

*President: Lisa Frana*

*Vice President:  
Candi Waelti*

*Treasurer: Hiedi Pokorny*

*Secretary/Membership:*

*DeeAnn Kruger*

*Test Chair:*

*Joelle Colville-Hanson*

*Spring Show Chair:*

*Latifah Faisal*

*Junior Board President:  
Jennifer Shulman*

*Junior Board Advisor:  
Kristin Born*

*Ames Figure Skating Club  
P.O. Box 1494  
Ames, IA 50014*

<http://www.amesfsc.org/>

*Check out AFSC on  
Facebook!*

The Salchow is published monthly and is e-mailed to all club members. Printed copies of the newsletter will be available in the club room. If you have an article you would like to submit for next month's newsletter, please send it to Joelle Colville-Hanson@aol.com.

Mandy's influence. She came to Ames from the Broadmoor, one of the premier figure skating clubs in the US and brought with her a passion for figure skating as well as a strong belief in the possibilities and the fortitude to make it all happen. Look at most everything we have: club ice time, the Spring Ice Show, summer camps, seminars, Learn to Skate, Excellence on Ice, good coaching staff, quality skate sharpening and successful skaters and be aware that Mandy played a big role in making all of it happen.

On behalf of the Ames Figure Skating Club I want to say thank you Mandy. We wish you and your family happiness and a great future in all that you do.  
Sincerely,~Lisa Frana

### In Mandy's Own Words...

I came to Ames in 1991 as a freshmen attending ISU. I began coaching at the Ames arena mostly as a LTS instructor, but quickly picked up private skating students and loved it! I graduated from ISU with a BS in genetics and decided to keep coaching. The rest they say is history and 18yrs later here I am!

Jeff will be pursuing a flight nursing job in Auburn, CA. This is a small town N and E of Sacramento, CA. This has been a dream of his to pursue since he started nursing school 10 years ago! After working in the ER at Mercy for the last 5 years, he will now be a flight nurse for a company called Calstar. Due to his size there are very limited options for him to work as a flight nurse. Calstar uses larger engine helicopters that can accommodate his stature, and thus it is not a limitation. He is very excited about this opportunity.

As for me, there are rinks Sacramento. The rink closest is Skatetown (you can google it) in Roseville, CA and they are actually hosting regionals this year! So that will be exciting and fun! I will likely take a bit of a break from teaching for bit while we get settled and figure things out with Jeff's new job. I do hope at sometime in the future to get involved again with teaching as I really love it! Kalyssa wants to continue taking lessons too, so I imagine I won't be too far from the rink!

We will be about 1 1/2 hours from San Francisco and the beach and 1 1/4 hours from Lake Tahoe for skiing, so you can come visit anytime and have the best of both worlds! I will truly miss the AFSC and all the skaters. It has been an integral part of my life for the last 18 years and I know that I will treasure the memories that I have made here forever! Mandy

### Test Session March 20

The Ames Figure Skating Club and Des Moines Figure Skating Club will be hosting a Test Session on Saturday, March 20 from 9 am - 12 Noon at the Ames Ice Arena. Freestyle and Moves test through the Senior level are available. Registration forms will be available in the club room and on the club web site and from Joelle Colville-Hanson at [revjoelle@aol.com](mailto:revjoelle@aol.com). Registration is due March 6.

### Additional Ice Time Available Saturday, Feb 20

Because this session is not on the AFSC Spring Ice Contract skaters wanting to skate this session will need to pay the ice monitor before getting on the ice.

Figure Free 1 hour: \$18  
Power 30 minutes: \$14  
Figure Free 60 minutes  
and Power \$25  
Figure Free 30 minutes  
and Power \$22

There will be no additional walk on fees so if you have been thinking about trying Saturday Power this is the day to do it!

**AFSC Club Ice Wednesday Evenings 6:45p-7:45p  
through February 24<sup>th</sup>**

**Special walk-on rate of \$15.00**

(Please pay the ice monitor before getting on the ice!)

Donations of tissues for our skaters is an ongoing need. Why not just put a box or two on your weekly shopping list!



*Stay Tuned for  
Details about a  
Going Away Party  
of Mandy!*

## Inclement Weather

Call club phone **(515) 460-7400** for club ice cancellation messages. We will put a message on the club phone by 10 pm if ice is cancelled for the

## Upcoming Competitions

Good Luck to Our Skaters Competing at the Winter Iowa Games in Cedar Rapids this Weekend & Omaha Winter Fest February 26-28

Joelle Colville-Hanson will be traveling to Indianapolis to compete at the Adult Midwestern Championships March 12-14.

## Olympic Figure Skating Schedule

Sunday, Feb. 14	Pairs Short Program
Monday, Feb. 15	Pairs Free Skate
Tuesday, Feb. 16	Men's Short Program
Thursday, Feb. 18	Men's Free Skate
Friday Feb 19	Compulsory Dance
Sunday Feb 21	Original Dance
Monday Feb 22	Free Dance
Tues Feb 23	Ladies Short Program
Thursday Feb. 24	Ladies Free Skate
Sat Feb 27	Exhibitions

## UP COMING EVENTS

Feb. 12-27	Figure Skating Olympics, Vancouver, Canada
Feb. 13-14	Winter Iowa Games, Cedar Rapids, IA
Feb. 14-27	Figure Skating, Winter Olympics, Vancouver, Canada
Feb 25-28	Winterfest, Omaha
March 12-14	Adult Midwestern Championships, Indianapolis
March 3-6	Synchro Nationals, Minneapolis, MN
March 20	<b>TEST SESSION</b>
March 20-29	World Figure Skating Championships, Torino, Italy
April 14-17	Adult National Figure Skating Championships, MN
<b>May 1-2</b>	<b>"That 70s Skating Show" AFSC Spring Ice Show, Ames</b>
June 25-26	Braemer McCandles Competition, Minneapolis MN
July 16-18	Skate St. Paul, St. Paul, MN
<b>July 25</b>	<b>Iowa Summer Games, Ames IA</b>