

Ames Learn to Skate USA Program

Sponsored by: Ames Figure Skating Club



The Ames Learn to Skate Basic Skills Program promotes ice skating and hockey in the community by providing safe, fun & high quality group instruction in accordance with Learn to Skate USA guidelines. Classes are offered year-round at the Ames/ISU Ice Arena, 1507 Gateway Hills Park Drive.

Programs Offered – Ask us if you need help determining the right class for you.

Basic Classes 1-6: These levels introduce the fundamental moves of ice skating: forward and backward skating, stops, edges, crossovers, three turns, Mohawks and spins. **Basic 1 is for beginners and those with little experience and above the age of 6.**

Snowplow Sam 1-4: Designed for children **ages 3-6** with no prior skating experience to build confidence while learning the basic skills of skating.

Freestyle Classes - Pre-Free Skate – Freeskiate 6: Introduction to more advanced figure skating skills. Skater must complete Pre-Freeskiate to register.

Adult Classes 1-6: Teen through senior citizens can enjoy learning beginner through advanced skills.

Hockey 1-4: Fundamentals of hockey to help maneuver faster and be more agile on the ice. All elements will be taught without sticks.

Sundays from 5:45-6:30pm.

June 2, 9, 16, 23, 30 & July 14, 2019

Cost is \$78.00 for the session. Skate rental is included in the registration fee. Payment is due at the time of class. If registrations are low, class levels may be combined. **No make-up lessons.**

Dates subject to change due to ice availability.

Questions? Contact LTS Director at skateames@gmail.com or visit our website at www.amesfsc.org.

**Register online at www.amesfsc.com or Mail in your registration and payment to:
AFSC, PO Box 1494, Ames, IA 50014**

Summer Session 2019

Skater Name _____ Level _____ Birth Date _____
Address _____ City _____ Zip _____
Email _____ Phone (home) _____ (cell) _____
Parent Name _____

LIABILITY WAIVER AND EMERGENCY MEDICAL CONSENT

I hereby release the Ames Figure Skating Club and the Ames Minor Hockey Association, its affiliates, professional staff, Club Officers, and Board members from any and all liabilities as a result of personal injury, which may be sustained by myself/my child. In the event of injury, I authorize Ames FSC to seek on my/my child's behalf, whatever medical treatment the Club may deem necessary.

Skater/Parent Signature _____ Date _____

(Parent/Guardian if under 18)

Doctor _____ Phone _____

Emergency Contact _____ Phone _____

Photo Release Statement

I hereby consent to and authorize the use of any photographs that have been taken of me and/or my child(ren) for the purpose of marketing/advertising of the AFSC. Such photographs will not have names listed. I hereby acknowledge that I have read and understood the terms of this release.

Skater/Parent Signature _____ Date _____